



University of California Cooperative Extension

4-H Club Notes

Madera County

September/October 2009

Achievement Night October 4th!

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10th Annual 4-H Achievement Night Installation of Officers and Silent Auction

Date: Sunday, **October 4th, 5:00 p.m.** at Hatfield Hall, Madera Fair.
Cost: **\$5.00** per person.

A deep pit BBQ Beef dinner will be served by the Coarsegold 4-H Club.

The Madera County 2009-10 4-H All Stars, Amy Evans, Paige Janzen and Shannon Sumpter will host the dinner and installation of officers.

The 2009-10 TLAWs, Olivia Fernandez, Cody McDougald and Skottlynn Snyder with their advisors, Susan Fernandez and Valerie McDougald, will be assisting to help make it a great event.

The 5th Annual Silent Auction will be presided over by the California & Washington Focus delegates, Megan Galleano, Brittany Cavaletto, Michelle Grable and Jazmine Jackson. The money from the auction supplements the Citizenship Focus trips.

Advance reservations are required for dinner. Return the reservation form along with the fee to the 4-H Office by Monday, September 28th. This is a family event so bring everyone. Those of you who mail in your reservation form and money may pick up your tickets at the door.

A reminder to all 4-H members, this is an awards ceremony, please dress appropriately.

Beef, Beans and Greens Luncheon

The 4-H Beef, Beans and Greens Luncheon is the main fund raiser for Leaders Council and helps offset some of the costs of supporting the County 4-H program.

The luncheon will be held on Thursday, October 15th, 11:30 a.m. - 1:30 p.m. in the Van Alan Hall at the Madera Fairgrounds. Tickets are \$8.00 for a beef tri-tip sandwich, side of beans, salad and dessert buffets and beverages. As always, take outs are available.

All 4-H members are asked to bring desserts to be used that day.

Each club is required to sell a minimum of 10 tickets.

It takes the support of the whole 4-H community to make this luncheon a successful fundraiser for the County 4-H Program, so sell, sell, sell and hope to see you there!

Corrections to August Club Notes

-Elyjah Hussey was listed as a member of Sierra Shadows 4-H but is a member of Coarsegold 4-H

-James Gonzalez, Coarsegold 4-H was Co County Winner with Ryan Lewis for Reporter Book.

Resources Available

The 4-H Office has many resources available to loan out to leaders in the form of videos, books, slides and some CDs. Printed lists of these items are available at the 4-H Office.



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2009 Madera 4-H Horse Expo

Madera County 4-H Skills Day

Date: Sunday, November 1st

Place: Madera Fairgrounds

Registration: 12:00 p.m.

Skills: 12:30 p.m.

Awards: 4:00 p.m. approximately

Bring: a pencil and grooming equipment if needed.

4-H members will take the Horse Expo written test prior to the day of the event. Horse leaders must administer and return the tests to the 4-H Office by Monday, October 19th. The tests will be corrected Wednesday, October 21st, 9:00 am in the 4-H Demo Building. Leaders, be sure to have volunteers from your club to assist with correcting tests.

During tallying at Horse Expo Horse Bowl IX will be conducted. Sign up for the horse bowl when checking in at Horse Expo. Questions will come from the county horse materials: Horse Safety Guidelines, The Light Horse Book, The Colorado Horse Manual and Expo Study Guides Levels 1-4. Points will be given for each correct answer. We hope you will plan on taking part in this fun and educational game.

Leaders may request tests from the 4-H Office beginning October 5th. Provide the office with a list of names and the test level for each youth. Please allow one to two days for assembling of the tests.

Rememberall tests (used or unused) must be returned to the 4-H office in the original envelope.

Horse Ownership Papers Due December 1, 2009

Horse ownership papers are due in the 4-H Office Tuesday, December 1, for members to be eligible for spring fairs/shows. Get them in early - don't wait until the last minute!

CELEBRATE NATIONAL 4-H WEEK!

National 4-H Week welcomes you to connect with the 4-H community where young people across America are learning leadership, citizenship and life skills. National 4-H Week will be celebrated October 4-10 this year.

What is your club doing to celebrate National 4-H Week? By the end of 4-H Week all of Madera County should be aware of 4-H.

You can promote 4-H with recruitment information brochures and posters available from the 4-H Office to tell everyone about 4-H.

Get a 4-H club committee together and start planning now to tell your community about 4-H with window displays in stores, bulletin board displays in schools or at the libraries.

Give demonstrations to civic and service clubs, have a feature story and picture in our local newspaper, do a radio spot, contact the cable companies for service spots, have your town mayor make a proclamation, have the county board of supervisors make a proclamation, hold a special program to honor your club volunteers, leaders, parents and friends of 4-H...**PROMOTE 4-H NOW!**

Guidelines for writing a 4-H article may be found at the 4-H Office.

4-H TRIP NOTIFICATION

Project leaders need to remember that anytime they take project members out of Madera County (even to Fresno) they need to fill out a 4-H Trip Notification Form. This form can be picked up at the 4-H Office and must be turned in 7 working days before the event.

You can also find the form on our website: <http://cemadera.ucdavis.edu>

LCORT - 2010

Leadership Conference of Regional Teens

Start planning now - **LCORT 2010** is coming up. **"Life is not a dress rehearsal...take the leading role"** is this year's theme. The conference will be held **January 29-31, 2010** and will again be held at Wonder Valley Ranch in Sanger, CA. **Check in time is January 29, 6-9 p.m.** The **registration fee is \$105** per delegate/counselor. The fee includes registration materials, lodging for 2 nights, 3 meals on Saturday, 1 meal on Sunday and snacks and all registration materials.

Members in 7th, 8th and 9th grades are encouraged to attend. Registration forms are available on our website or at the 4-H Office and are due Monday, November 23rd.

Chaperones, both male and female, will be needed.

State Shooting Sports Match

We would like to congratulate our members who participated in this year's 4-H Statewide Shooting Sports Match.

We had seven youth from the Spring Valley 4-H Club compete: Conner Baltz, Garrett Baltz, Dylan Castleman, Clayton Guillemine, Kelea Kamalani, Robert Mattes, Nicholas Moore. A special recognition and good job to Garrett Baltz, Dylan Castleman, Clayton Guillemine, Nicholas Moore and Robert Mattes, who all medaled at the competition. Some of the medalists received more than one medal over all the categories.

Again, congratulations to all of this year's participants.



Washington/California Citizenship Focus Trips

A wide variety of citizenship learning activities for 4-H members are being planned beyond the county level.

For those members who are 13 years old or older, an eighth grade graduate at time of travel (June 2010) and currently serving as a Jr/Teen Leader we recommend the California Citizenship Focus trip - a four day study of our state government in Sacramento. This program will offer the 4-H member: a comprehensive look at all of the state legislative and judicial processes and a look at California history, heritage, cultures and industries.

For those members who are 16 years old or older (June-July 2010) at time of travel, have completed their Sophomore year in high school and are currently serving as a Teen Leader we recommend the Washington Citizenship Focus trip - a 7-10 day study of our federal government in Washington D.C. This program will offer the 4-H member: a comprehensive look at the federal government, how bills become law, and learn about 4-H activities in other states. The study group at the National 4-H Center will be comprised of 4-H members from several other states.

These programs are offered to all California 4-H members. The fees will be approximately \$495 for California Focus and \$1700 for the basic Washington Focus trip. Selected delegates are responsible for their initial (\$100/CA \$600/WA) deposit and will participate in a set number of fund raisers to earn part or all of their fees. The Madera 4-H Leaders Council also budgets a set amount for each of the delegates. Deadline for California/Washington Focus applications is Monday, October 5, 5:00 p.m.; interviews are scheduled for Wednesday, October 21 starting at 6:00 p.m. in the Demo Building

The pre-application criteria, established by the 4-H I&R Committee, **must have been met by the 4-H year prior to applying. Please read the application carefully.**

Re-Enrollment Time

It's re-enrollment time again. Your Community Club Leader will give you the re-enrollment packet. Please check your re-enrollment form and add/correct/delete information where necessary. Please pay special attention to birth dates. Our old system just recorded the month and year and we need the complete birth date for the new 4H Online enrollment. Be sure to complete both sides of the Medical Form and *be sure to include the date of the last tetanus shot.* Read and sign the waiver form. For members-adults please be sure to include your child's age when you sign the waiver. Adults, for the Confidential form - please answer all questions where applicable.

Make sure you *return the forms to your CCLs by the date they require.* The CCLs must update their rosters and return all the forms to the 4-H Office by October 5th.

Write "Thank You" Letters!!

"Thank you" letters are very important. A "Thank You" should be sent for scholarships, 4-H award sponsors, fair buyers, donors for events such as the Washington and California Focus trips and the Silent Auction.

Be sure to show your appreciation to those who have contributed to 4-H and helped make your experience an enjoyable one, and to insure they will want to help others in the 4-H Program in the future.



Hi 4-H

Don't forget to mark your calendar for October 6, 2009 at 6:00 p.m. at the Farm Bureau, 1201 Pine St., Madera.

Come learn about this group, have some fun with other high school kids and maybe learn something. Contact the office for more information.

State Record Book Competition

Time is fast approaching for 4-H members to get their record books ready for state competition. Books are due to the 4-H Office by October 23 for preparation to be sent to the State Office by November 6. A State 4-H Cover Page and County Check Sheet must be included before the book is submitted to state judging. Judging will be December 4-6.

Senior 4-H members (at least 14 years of age by December 31 of the program for which the book is being entered) are eligible to enter state competition. All 4-H work up to the end of the county program year should be included.

State level competition is focused on recognizing 4-H members who have outstanding 4-H Record Books and who have made a contribution to the 4-H Youth Development Program.

A state medal is awarded to members who have demonstrated personal growth in their leadership, citizenship and life skills development. At the state competition, the first round of judging will determine the books that receive a minimum of 90 points. 4-H Record Books receiving at least 90 points shall be declared "State Medalists." The second round of judging will determine "State Winners" based on available award funds for the year.

If you have any questions, please contact the 4-H Office, 675-7879, ext. 202; or go to the state website: www.ca4h.org/4hresource/ir/recordbook/competition.asp.



Shooting Sports Leader Trainer Courses

Shotgun - Ukiah Gun Club,
Ukiah, CA
Saturday/Sunday October 24-25,
2009, Cost \$30
Call Linda Edgington 707-463-4495

Archery - Modesto
Saturday/Sunday November 7-8,
2009, Cost \$25
Call Dan Burner 209-874-2732

Details and registration forms for each training are found online:
<http://www.ca4h.org/projresource/shootingsports/index.asp>.

Upon successful completion of these courses, 4-H leaders will be certified in the shooting sports discipline offered. They will be certified as leader trainers and are eligible to serve as shooting sports leaders for clubs or counties and they may also instruct and certify shooting sports volunteers. To get more information or register for the class contact John Borba at: jaborba@ucdavis.edu or telephone 661-868-6216.

PLEASE NOTE: Only certified leaders may lead Shooting Sports Projects.

Raymond 4-H will be hosting a 'Rally' Workshop

November 8th at 10:00am
31014 Rawhide Riata Road,
Raymond

Come experience this FUN new event for dogs and their people. You will get hands on lessons with your dog, you will learn about the various stations and the point system.

Please RSVP by Nov 5th
Betty 689-3551 or Stacy 689-3320
email: raymond4hclub@sti.net

2nd Annual Spaghetti Dinner/Silent Auction

Sierra Shadows 4-H

Saturday, October 10th
5:00 - 7:00pm

Sierra view Elementary School
Multi-Purpose Room

**\$7.00 per dinner (includes
spaghetti, salad, dinner roll,
drink and dessert)**

Take out is available

**Contact Terri Fernandez @
559-363-2930 or any Sierra
Shadows
4-H member**

**Please come join us and have a
fabulous time!**

-Terri

Madera County 4-H @ State Fair

Holland Snyder- Supreme Market
Lamb

Steven Zimmerman- Reserve
Supreme Market Goat

Sierra Meyers- Winner Best of
County Master Showmanship

Daphne Norman- Winner State
Fair Master Showmanship

Robert Mattes- Reserve Grand
Champion Meat Pen of Chickens

County Group Winners
Market Lambs
Breeding Sheep

Animal Committee Meetings October 14

The Small Animal Committee meeting will be at 6:00 p.m. and the Large Animal Committee meeting will be at 7:00 p.m. Both will be held in the Demo Building.

4-H Volunteers are encouraged to attend. If you would like your questions answered or your concerns heard or are interested in helping on one of the committees now is the time to let the committee members know.

NEW LEADER ORIENTATION

Attention: Community Club Leaders:
Please remind your potential new leaders that they must attend an orientation and have their fingerprinting completed before they hold any meetings. Volunteers must call the 4-H Office (675-7879, ext. 202) to sign up for the session so materials will be available.

Some dates that are scheduled are:

October 26th & November 23rd

If a volunteer is unable to attend one of the above orientations please have her/him call the office and make other arrangements.

Sign up for Club Notes via email

Due to the budget we may only be offering mailed Club Notes until the end of the year. You can sign up online at anytime to receive an electronic newsletter. Visit the website at: <http://cemadera.ucdavis.edu>. Go to NEWSLETTERS and then click on the newsletter you are interested in. You will be notified by email when the newsletter is posted.

Calendars & Cookbooks are now available

Calendar and cookbook sales are underway to support Madera County 4-H Scholarships. Ask your community club leader, leaders' council member or contact the 4-H office for more information.

Calendar

October

- 4-10 4-H Week
- 4 Achievement Night/Officer Installation, Silent Auction-Hatfield Hall 5pm
- 5 Club Enrollment 2009-2010 due
- 5 Horse Tests available
- 5 CA/WA Focus applications due
- 14 Small Animal Committee Meeting, Demo 6pm
- 14 Large Animal Committee Meeting, Demo 7pm
- 15 Beef, Beans & Greens, Van Allen Hall 11:30-1:30
- 19 Horse Tests due, 5pm 4-H office
- 21 Correct Horse Tests, Demo 9am
- 21 CA/WA Focus Interviews, Demo 6pm
- 23 State Record Books due to 4-H County Office
- 26 New Leader Orientation, 6pm *date change*
- 26 Leaders' Council Meeting 7pm
- 30 State Record Books due

November

- 1 Horse Expo, Madera Fairgrounds 12pm
- 2 Jr/Teen & Leader Plans due
- 6-8 State Leadership Forum
- 23 LCORT registration due
- 23 Favorite Foods Day meeting 6pm
- 23 New Leader Orientation
- 23 Leaders' Council Meeting 7pm



National 4-H Week

October 4-10

Theme for 2009 is 'Meet the Future'

Remember to get your articles into the 4-H office September 14 before 5:00pm

Preventing The Spread of Communicable Diseases (H1N1)

Each year, an average of more than 200,000 people are hospitalized and 36,000 people die from seasonal influenza (flu) complications in the United States. You can help keep yourself, your family and your fellow 4-H volunteers and members healthy and prevent the spread of seasonal colds, flue and other communicable diseases by practicing some simple measures at home, work, school and other social settings. In the fall of 2009, there is a particular concern over the novel H1N1 influenza virus (also known as the swine flu). The precautions to protect yourself from H1N1 are the same as those recommended for seasonal flu or other common communicable illnesses.

Take time to get vaccinated for seasonal influenza

- CDC recommends a yearly seasonal flu vaccine as the first and most important step in protecting against seasonal influenza. While there are many different flue viruses, the seasonal flu vaccine protects against the three seasonal viruses that research suggests will be most common.
- Vaccination is especially important for people at high risk of serious flu complications, including young children, pregnant women, people with chronic health conditions like asthma, diabetes or hear and lung disease, and people 65 yeas and older. Seasonal flu vaccine is also important for health care workers, and other people who live with or care for high risk people.
- A seasonal vaccine will not protect you against novel H1N1. A new vaccine against novel H1N1 is being produced and will be available in the coming months as an option for prevention of H1N1 infection to those at greatest risk.

Take everyday preventive actions

- Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it. If a tissue is not available, cough or sneeze into your sleeve. An informative and amusing video on covering your sneeze can be viewed at: <http://www.coughsafe.com/>
- Wash your hands often with soap and water, especially after you cough or sneeze. Alcohol-based hand cleaners are also effective.
- Avoid touching your eyes, nose mouth. Germs spread this way.
- Try to avoid close contact with sick people.
- If you are sick with flu-like illness, CDC recommends that you stay home for at least 24 hours after your fever is gone except to get medical care or for other necessities. (Your fever should be gone without the use of a fever reducing medicine.) Keep away from others as much as possible. This is to keep from making others sick.
- Visit the CDC website (<http://www.cdc.gov/h1n1flu/>)

Stay Informed

- In addition to the precautions above, it is important that you stay informed, especially during the upcoming flu season. Health officials will provide additional information as it becomes available. UC ANR EH&S has established a website at <http://ucanr.org/h1n1flu> to provide links to information from CDC, the California Department of Public Health, and County Public Health Departments to help bring you national, state, and local guidance as the flu season progresses. Follow public health advice regarding school closures, avoiding crowds, and other social distancing measures. When planning for camp, consult CDC guidance <http://www.cdc.gov/h1n1flu/camp> and local public health officials and develop a plan to respond to an illness outbreak at camp.

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MADERA COUNTY 4-H

Leaders/members, if you have an article you would like put in the Club Notes be sure to have it to the 4-H Office by the 15th of the month.

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For information regarding programs, please contact us.